christophe-nicolas biot paris

by BIOT

Natural products for healthy hair

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Words from Christophe Nicolas Biot

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In the garden of Christophe Nicolas Biot

Find products

Words from Christophe Nicolas Biot

"At the beginning, there is this passion for hair. This living material, inseparable from our being and an indispensable asset to beauty. Since I started out, my professional career has always crossed paths with plants and nature, and the flirtation I have with the plant world has never wavered. Because there is no beautiful hair without a healthy scalp, I wanted to create an innovative line of hair products to meet all their needs. Designed around three essential principles – oxygenation, detoxification and nutrition – this 100% natural and organic line is available in several original products for a return to the essentials: a healthy scalp for healthy, breathing hair."

CHRISTOPHE-NICOLAS BIOT





THE FRESH SHAMPOO

Made with essential oils of mint and eucalyptus, aloe vera, desert date oil, clay and coconut oil, Le shampoing frais is suitable for all hair types. It is particularly effective in cleansing the scalp and hair fiber for a detox effect.

Efficiency and gentleness make this shampoo ideal for preparing hair to receive and maintain a plantbased color.

DIRECTIONS FOR USE

- Apply to damp hair. Gently massage in, lather and rinse.
- Use once or twice a week.

CHRISTOPHE-NICOLAS BIOT'S TIP

Add 1 drop of Mon Protocole hair oil to the palm of your hand to transform it into a treatment shampoo.

ACTIVE INGREDIENTS

- Aloe vera with moisturizing, regenerating and fortifying properties.
- Desert date oil repairs and restores suppleness to dry, damaged hair.
- Ph astringent tightens hair scales.
- Mint essential oil stimulates the scalp and blood circulation, and gives a sensation of freshness.
- Eucalyptus essential oil purifies the scalp and combats the proliferation of dandruff.

CAPACITY 200 ml



THE PROTECTIVE AND REPAIRING SHAMPOO

The Protective and Repairing Shampoo is a 2-in-1 product that both cleanses the scalp and provides intensive moisturizing care for even the most fragile, damaged and dehydrated hair, while preserving the shine of color.

DIRECTIONS FOR USE

Soak hair thoroughly in lukewarm, but not hot, water. Pour one or two doses of shampoo into palm of hand. Apply to wet scalp and massage with fingertips, taking care to lift hair to ensure full distribution of product on scalp. If necessary, dampen the head again to increase emulsion. Leave on for 2-5 minutes to penetrate hair fiber.

CHRISTOPHE-NICOLAS BIOT'S TIP

Blow-dry hair naturally to smooth scales and add shine, while avoiding a mousse effect.

ACTIVE INGREDIENTS

- Amino acids, trace elements and minerals promote optimal hair hydration.
- Corrosol leaf extract smoothes and repairs hair structure.
- The synergy of a blend of natural polysaccharides protects against oxidative stress.
- Active ingredients of 100% natural origin, free from sulfated surfactants, prevent color bleeding.

CAPACITY 200 ml



THE POWDER SHAMPOO

Naturally preserved in dry, preservative-free form, The Shampoo Powder transforms on contact with water into a fine foam of incomparable softness. Its high-tech formula, based on patented gelling clay, is four times more concentrated than a traditional professional liquid shampoo. Respectful of all hair types and with a minimum of cleansing agents, it gently cleanses hair and oxygenates the scalp.

DIRECTIONS FOR USE

- Apply the equivalent of one teaspoon to damp hair.
- Apply to dry hair, parting by parting, mixing and adding water. In this way, the powder is better distributed on the scalp and at the roots.
- Repeat if necessary.

CHRISTOPHE-NICOLAS BIOT'S TIP

Washing hair thoroughly means massaging it without rubbing.

Light, circular movements of the fingertips on the scalp stimulate blood flow, helping to revitalize the hair roots. Vigorous rubbing will irritate the scalp and excite the sebaceous glands, which will produce excessive sebum.

ACTIVE INGREDIENTS

- Coconut oil surfactant for a non-abrasive cleansing effect,
- Precious desert date oil deeply nourishes hair, enveloping it in a fine protective sheath,
- Amazonian cherry pulp has an antioxidant action.

CAPACITY

50 g = 500 ml, equivalent to 40 to 50 shampoos

I discovered the product on the website



THE BOTANIC SHAMPOO

Botanic shampoo is used by colorists at Maisons de coiffure Christophe Nicolas Biot to maintain and fix plant and chemical colorations, ensuring their longevity. It has become an essential element of postcolor maintenance, bringing light to hair.

Its active ingredients make it an effective shampoo that gently removes residues and impurities, while providing softness, suppleness, lightness and shine. Suitable for all hair types, color-treated or not.

DIRECTIONS FOR USE

On damp hair: gently massage into a lather, then rinse. Apply once or twice a week.

CHRISTOPHE-NICOLAS BIOT'S TIP

This is the ideal and essential shampoo to use the week after Botanic Color to help set pigments and intensify their hold. Then alternate with Shampoo Powder or Fresh Shampoo.

ACTIFS

A cleansing base made from organic soap nuts, coconut derivatives and rice protein that gently and effectively removes residues.

The active ingredients in lemon help to unclog hair follicles and eliminate excess sebum. It enhances hair color, body and shine.

Vitamin E has antioxidant properties, which help protect hair from free radical damage and protect color.

CAPACITY

250 ml



THE BOTANIC CREAM

The Botanic Cream is a moisturizing conditioner with a creamy texture that brings suppleness and lightness to hair. Particularly suitable for fine, limp hair or as a post-color treatment.

DIRECTIONS FOR USE

Apply after shampooing, kneading hair for a few seconds. Detangle, then rinse.

CHRISTOPHE-NICOLAS BIOT'S TIP

For those who want easy styling after shampooing, shine and suppleness: apply Botanic Crème to lengths and ends 10 minutes before shampooing.

ACTIVE INGREDIENTS

- Rice proteins make hair supple and voluminous.
- Vetiver oil is a circulatory stimulant, antioxidant, anti-inflammatory and healing agent.
- Bergamot oil cleanses the scalp and combats dandruff.
- Essential oils of chamomile, cinnamon and cloves fortify hair.
- Citric acid reduces itching and acts as a natural detangling agent. It helps prevent frizz, revives hair color, adds body and shine.

CAPACITY

250 ml



THE BOTANIC ELIXIR

Botanic Elixir is specifically formulated to set vegetable color, even though it can be used on natural hair. Composed of cider vinegar, it tightens the hair cuticle, enhancing natural shine while strengthening color hold. Widely used by Christophe Nicolas Biot colorists, it also has sheathing properties and is particularly suitable for fine and curly hair.

DIRECTIONS FOR USE

- 2 to 5 sprays, depending on hair length. Spray all over hair, massage gently, detangle and rinse.
- A few sprays on the ends like a styling water to give your hair movement.
- Spray 2 times on scalp for a sheathing effect.

CHRISTOPHE-NICOLAS BIOT'S TIP

2 to 3 sprays 20 cm from hair without rinsing. Excellent hold and volume before blow-drying.

ACTIVE INGREDIENTS

- Castor oil improves hair texture thanks to its ability to soften and moisturize hair.
- Cider vinegar helps balance the pH of the scalp, eliminates hair product residues, reduces dandruff and leaves hair softer and shinier. It is also appreciated for its purifying and revitalizing action on hair.
- Roman chamomile soothes irritated scalps and reduces itching.
- Atlas cedar essential oil tones the scalp and slows hair loss.

CAPACITY 125 ml



THE DRY OIL N°11

The Dry Oil N°11 is a natural, multi-functional treatment that can be used on hair, face and body. Ideal for repairing dry, brittle hair, it also moisturizes the skin, improving its elasticity, leaving it satinsmooth and sublimated. Its dry formula is rapidly absorbed, leaving no greasy film.

DIRECTIONS FOR USE

The Dry Oil N°11 is particularly recommended for repairing hair and skin during extreme cold or hot weather, all year round.

It can be applied to wet or dry hair, or to the face and body, up to three times a day, depending on the skin's state of dehydration.

CHRISTOPHE-NICOLAS BIOT'S TIP

The Dry Oil N°11 can be added to warm bath water to deeply moisturize even the driest skin.

ACTIVE INGREDIENTS

- Protium resin extract, with anti-oxidant properties, maintains, repairs and strengthens hair on a daily basis.
- Shea butter maintains, repairs and nourishes both skin and hair.
- Desert date oil with antioxidant and regenerating properties.
- Sunflower oil provides deep nourishment.
- Vitamin E is an essential moisturizing factor for the protection of facial skin. Antioxidant, it eliminates free radicals, prevents the appearance of wrinkles and contributes to cell regeneration.

CAPACITY

125 ml



THE TONIC TREATMENT

A real tonic, The Tonic Treatment guarantees powerful scalp and hair care before the usual treatments. It is an excellent long-lasting sanitizer for the hair fiber.

Perfectly hygienic in just a few seconds, its alcohol content and blend of essential oils specifically chosen for this purpose give your hair a fresh look at any time of day.

ACTIONS

- Regenerating action.
- Stimulates hair growth.
- Sanitizing effect: captures and eliminates unpleasant odors.
- Purifying and soothing action. Eliminates contagious germs, soothes irritation and neutralizes itching.
- Can be used on its own, or as a complement to appropriate care products and shampoos.
- Formula restores shine to hair.

DIRECTIONS TO USE

- Before shampooing, spray from a distance of 20 cm, making large separations. Comb through scalp and hair.
- Massage in and leave on for 15-20 minutes.
- Rinse and proceed with the next steps in your complementary or regular hair care routine.

CHRISTOPHE-NICOLAS BIOT'S TIP

Irritated and stressed scalp protocol: 1 to 2 times a week before shampooing, 1 time a week between 2 shampoos for 3 months.

Hair growth protocol: 2 to 3 times a week for 6 months, then once a month.

CAPACITY

100 ml

I discovered the product on the website

In the garden of Christophe Nicolas Biot



ALOE VERA

The pulp of this large cactus concentrates most of the A, E and B vitamins, as well as essential minerals. This specific composition gives it interesting properties for skin and hair: healing, cell regeneration, skin hydration, anti-inflammatory, antibiotic.

ACEROLA

Acerola grows wild in the tropical regions of South America, the Canary Islands, Hawaii, Australia and the West Indies, as well as in the Amazon rainforests of Brazil and Venezuela. It contains antioxidant vitamin C, 30 times higher than that found in oranges. It is also rich in vitamins B1, B6 and A, remineralizing minerals and polyphenols.





SUNFLOWER

Native to Mexico, sunflower is a plant from which a perfect oil for skin and hair is extracted. Rich in moisturizing and antioxidant vitamin E, as well as omega 6, this oil softens, smoothes and intensely nourishes even the driest skin. It also fortifies damaged hair.

AMAZONIAN INCENSE

A resin extracted from the breu branco tree found in northeastern Brazil, Amazonian frankincense is harvested from the very heart of the tree. Its film-forming and moisturizing properties surround the hair with a sheathing film to repair, moisturize and add shine. Applied to the scalp, it also has anti-inflammatory properties.





WILD AFRICAN GRAPES

African wild grape extract is derived from the seed of the sub-Sahelian plant of the same name, found in the savannahs of Burkina Faso. Its action on the skin's microcirculation evacuates toxins, soothes the epidermis, tones it and improves circulation. A powerful antioxidant, it fights free radicals and helps maintain scalp and root bulb cells in a better metabolic state, while slowing the aging process.

BOROJO EXTRACT

A miracle plant, both edible and cosmetic, borojo is grown in South America, particularly in Colombia and Panama. An active ingredient, Reverteam, is extracted from its pulp, which is high in plant sugars and phosphorus and calcium. Reverteam is particularly effective in combating the free radicals responsible for skin ageing that damage the skin's barrier function.



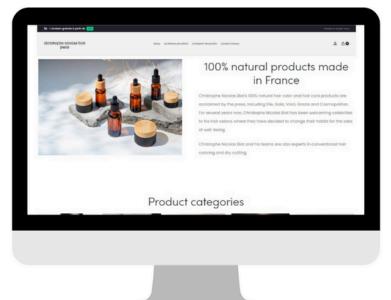
It also preserves cellular activity and stimulates hyaluronic acid synthesis to effectively combat the effects of the passage of time. It helps to regenerate the basal papillae of root bulbs, thus boosting hair growth.

DESERT DATE OIL

Desert date palm oil is rich in essential unsaturated fatty acids (oleic acid and linoleic acid) and saponins, giving it fungicidal and antiinflammatory properties. Protective and moisturizing, desert date oil softens and repairs dry, rough and flaky skin. On the hair side, it effectively preserves and nourishes the hair fiber and maintains the balance of the scalp.



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