

christophe-nicolas biot  
paris

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# MON PROTOCOLE

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Hair

100% natural

100% french

100% artisanal

# Mon Protocole product line

Mon Protocole hair line from Christophe Nicolas Biot Paris® is a 100% natural, organic, hand-crafted product. Based on essential oils, this line is made by hand in the Charente region of France. At a depth of more than 160 metres, the spring water from which it is made has been protected and has acquired its purity and lightness through natural filtration over more than 20,000 years, guaranteed nitrate-free.

Mon Protocole is an eco-responsible line, guaranteed preservative-, sulphate-, paraben- and silicone-free, which cares for both the body and the environment. It comes in an amber glass bottle with a pump to preserve the purity of the active ingredients, just like an apothecary's line.



# Routines capillaires Mon Protocole

## Irritated, itchy scalp routine dandruff, psoriasis

4 products - 5 steps

### STEP 1

Mix 5 pumps of Cleansing Milk n°1 with ½ pipette of Hair Oil n°2.



### STEP 2

Apply to the scalp.

### STEP 3

Massage in and leave for 15 to 30 minutes.

### STEP 4

Rinse and wash gently with Liquid Soap n°2.

### STEP 5

Finish with Vegetal Emulsion n°4 to use as a conditioner.

## The oily scalp routine and hair loss

3 products - 4 steps

### STEP 1

Mix Liquid Soap n°2 with a few drops of Hair Oil n°1.



### STEP 2

Apply to dry hair and massage in gently for a few minutes.

### STEP 3

Add water and emulsify. Shampoo a second time if necessary.

### STEP 4

Finish the treatment with Vegetal Emulsion n°4 to use as a conditioner.

# Cleansing Milk n°1

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Cleansing Milk No.1 for Hair is a product with 100% organically grown essential oils and plant essences. Cleansing and purifying, it gently removes impurities from sensitive, irritated scalps. It is the first treatment step in the Mon Protocole range.

Apply like a make-up remover to scalp and hair for gentle cleansing. Also ideal as a make-up remover for the face and a gentle cleanser for the body.

## ACTIVE INGREDIENTS

Hazelnut oil, andiroba, candelilla wax.

## APPLICATION

On dry hair, take a small amount of Lait Nettoyant n°1 pour cheveux in the palm of your hand, warm the product between your hands and gently massage into the scalp. Leave on for 2 min. Rinse off. Follow with other products in the Mon Protocole line.

## CHRISTOPHE NICOLAS BIOT'S TIP

Hair Cleansing Milk n°1 is to be used as a pre-cleanser or scalp mask, mixed with one of the essential oils n°1 or n°2.

## EFFECT ON HAIR

More supple hair thanks to a more moisturized scalp, less damaged by the overly detergent effects of shampoos.

## SCALP TYPE

Recommended for dry, sensitive scalps.

## CAPACITY

60 or 200 ml

# Liquid Soap n°2

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Liquid Soap n°2 is a cleansing base 100% natural suitable for hair, face and body. It's one of the basic products in the Mon Protocole line, it purifies seborrheic scalps. Also ideal for the face and body, it is used like a soap and removes excess sebum and traces of impurities.

## ACTIVE INGREDIENTS

Glycérine high quality, Citrus, Geraniol.

## CHRISTOPHE NICOLAS BIOT'S TIP

A cleansing base, particularly recommended for hair, body and face, Liquid Soap n°2 can be combined with all the other products in Mon Protocole range to optimize its effects.

## FOR WHICH HAIR TYPE

For natural hair that has not undergone chemical treatments such as coloring.

## EFFECT ON HAIR

Liquid Soap n°2 leaves hair shiny, supple and light. It leaves hair healthy, free of the weighing-down particles usually found in some hair care products.

## SCALP TYPE

For heavy scalps with seborrheic tendencies.

## CAPACITY

60 or 200 ml

[I discovered the product on the website](#)

# Shampoo Cream n°3

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Shampoo Cream n°3 from the Mon Protocole line contains 100% organically grown essential oils and plant essences. Highly nourishing, this shampoo cream with plant glycerin will soothe sensitive scalps and combat hair dehydration. Nourishing and moisturizing, Shampoo Cream n°3 provides deep cleansing without weighing hair down, leaving it ultra-light. It is also pleasant and moisturizing as a body wash.

## ACTIVE INGREDIENTS

Vegetable glycerin, wheat proteins, canola leaves, coco betaine.

## APPLICATION

On wet hair, apply a small amount of product, distribute, emulsify and rinse. Repeat if necessary. Use alone or in conjunction with the Mon Protocole line.

## CHRISTOPHE NICOLAS BIOT'S TIP

Use in synergy with Milk n°1, Liquid Soap n°2, and finish with Vegetable Emulsion n°4. Shampoo Cream n°3 sheathes hair and adds volume.

## EFFECT ON HAIR

Highly concentrated in active ingredients, Shampoo Cream n°3 works deep down to care for and revitalize hair.

## SCALP TYPE

For sensitive scalps.

## CAPACITY

60 or 200 ml

# Vegetable Emulsion n°4

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Vegetable Emulsion n°4 is made from 100% organically grown essential oils and plant essences. Moisturizing, nourishing and detangling, it's the perfect emulsion to provide the moisture and nutrients hair needs, while keeping it light.

## ACTIVE INGREDIENT

Shea butter.

## APPLICATION

Rinse out or apply as a styling cream or detangling treatment, after the shampoo ritual. Take a small amount in the palm of the hand, warm the product between the hands, then smooth over hair lengths and ends. Rinse if necessary.

## CHRISTOPHE NICOLAS BIOT'S TIP

Vegetable Emulsion n°4 is an incredible product that can be used in a number of ways: as a hair moisturizer, as a detangling treatment, but also as a styling cream and as a non-greasy body moisturizer.

## EFFECT ON HAIR

Moisturizing, nourishing and detangling.

This product is specially designed for curly, parched hair.

## CAPACITY

60 or 200 ml

# Botanic Water n°5

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Botanic Water n°5 Mon Protocole is a natural toner, made from Damask Rose, a symbol of love since ancient times. It was once cultivated to honor the goddesses Aphrodite and Venus. Renowned as much for its beauty as for its many aromas, which give off a unique fragrance, this flower is particularly appreciated in natural cosmetics. Recognized for its toning, purifying and soothing action, it is a precious active ingredient for the beauty of skin and hair.

## ACTIVE INGREDIENT

Damask Rose

## APPLICATION

Spray natural toner on hair and scalp after shampooing and conditioning. Rinse with cold water or leave on all day to enjoy its delicate fragrance.

## CHRISTOPHE NICOLAS BIOT'S TIP

2 sprays of natural tonic on washed and conditioned hair, as a final rinse.

## EFFECT ON HAIR

Moisturizes the entire head of hair and has an anti-limescale action.

## SCALP TYPE

For all scalp types.

## CAPACITY

60 or 200 ml



# Fluid Cream n°6

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Fluide de Crème n°6 from the Mon Protocole capillaire line is a highly moisturizing anti-frizz treatment with a fluid texture.

In addition to moisturizing, this product detangles thanks to its gliding power and closes the scales without weighing hair down, leaving it supple, light and shiny.

Its light lavender fragrance makes it particularly bewitching.

## ACTIVE INGREDIENTS

Shea butter, coconut and sunflower oil extracts, lavender essential oil.

## APPLICATION

Take two pumps of product in the palm of your hand and warm by rubbing hands together. Apply after your usual Mon Protocole cleanser, to damp, not towel-dried hair. Massage into scalp and gently work into lengths. Detangle with fingers or detangling comb. Leave in for a few minutes or rinse thoroughly after detangling. Dry and style as usual.

## CHRISTOPHE NICOLAS BIOT'S TIPS

- On dry hair, between shampoos, use as a day cream without rinsing.
- As a moisturizing root mask for very dry hair and dehydrated scalps.

## HAIR TYPE

Hair lacking moisture, texturized, very dry and thick.

## CAPACITY

60 or 200 ml

# Hair Oil n°1

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Hair oil n°1 in the Mon Protocole line cleanses the scalp and activates circulation at bulb level. It is used by mixing a few drops with all the other products in the Mon Protocole line.

## ACTIVE INGREDIENTS

Ylang ylang, rosemary, hazelnut oil and conifer.

## APPLICATION

Add 2 to 3 drops to any Mon Protocole product.  
Can be used in synergy with Hair Oil n°2 if needed.

## CHRISTOPHE NICOLAS BIOT'S TIP

Mix half a pipette with 5 pumps of Lait n°1 and massage into the scalp like a treatment mask.

## HAIR PROBLEMS

Hair loss and greasy hair.

## EFFECT ON THE SCALP

Toning and energizing for the scalp. This product boosts cellular activity in the hair bulb.

## SCALP TYPE

Scalp with excess sebum.

## CAPACITY

60 ml

I discovered the product on the website

# Hair Oil n°2

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Mon Protocole hair oil n°2 combats itchy scalp. It can be mixed with all other products in the Mon Protocole line.

## ACTIVE INGREDIENTS

Essential oils of macadamia and sesame.

## APPLICATION

Add 2 to 3 drops to any Mon Protocole product. Can be used in synergy with Hair Oil n°1 if needed.

## CHRISTOPHE NICOLAS BIOT'S TIP

Mix with Cleansing Milk °1 to create a scalp mask for massaging into sensitive, itchy scalps. Also ideal for psoriasis.

## EFFECT ON HAIR

Much shinier, more supple hair.

## SCALP TYPE

Irritated scalp. Itchy scalp.

## EFFECT ON THE SCALP

A scalp free of suffocating dandruff.

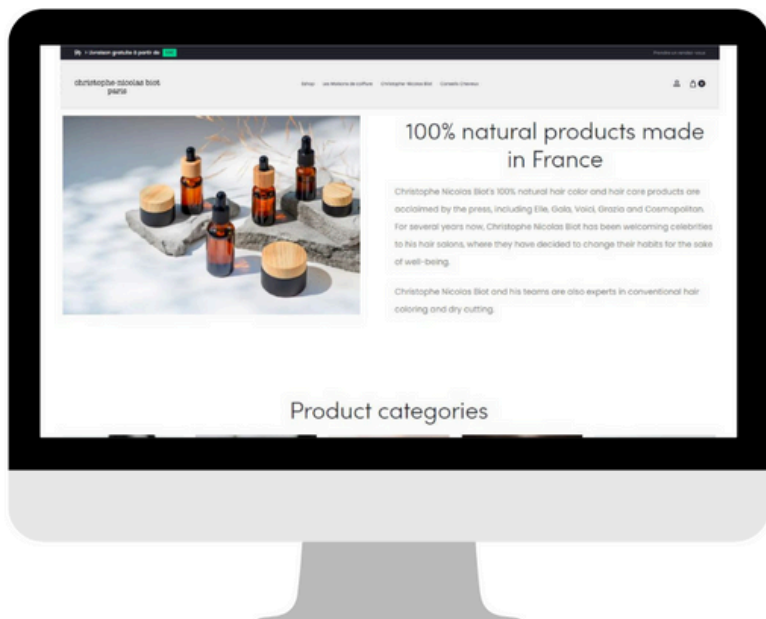
## CAPACITY

60 ml

I discovered the product on the website

# Trouver les produits

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e-shop

[www.christophenicolasbiot.com](http://www.christophenicolasbiot.com)

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[Maison de coiffure Christophe Nicolas Biot - Mulhouse](#)

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# Trouver les produits

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