### christophe-nicolas biot paris

# MON PROTOCOLE

Face and Body

100% natural 100% french 100% artisanal

## **NOTES**

## Mon Protocole products line

Mon Protocole Face and Body products are handcrafted in France. They are designed using organic and permaculture ingredients. They are genuine living preparations based on plants and flower essences. Our suppliers are independent breeders, pickers and pressers, all of whom are extremely respectful of the cycles imposed by nature. In every stage of production: from natural seed to maceration, including hand-picking. They distill their own plants without adding alcohol, and their production respects what nature has to offer. The active ingredients are carefully selected and concentrated. They provide the nutrients cells need for optimal protection. This is a 100% natural line of powerful, subtle skin care products.



## **Body Routine Mon Protocole**

### The Body routine velvet skin

5 products - 4 steps



#### STEP 1

Wash your body with <u>Liquid Soap n°2</u>. Dry gently.

STEP 2 Morning and evening

Apply <u>Le Baume corps Mandarine</u> and massage in. On irritated skin, add a few drops of <u>Absolu</u>.

STEP 3 Evening

Follow the same ritual by adding a few drops of <u>Repulpe</u> into the <u>Baume corps</u> <u>Mandarine</u>.

STEP 4 Evening

On very dry areas, apply 1 dab of <u>Baume n°9</u> warmed in the palm of your hands.

### **Beauty Routine Mon Protocole**

### Face routine dry skin

5 products - 5 steps



STEP 1 Morning and evening

Gently cleanse the face with the cleansing milk <u>L'Absolu</u>. Rinse with water or cotton wool.

STEP 2 Morning and evening

Spray 2 à 3 times with the <u>Lotion Absolue</u>. Dry without rubbing.

STEP 3 Morning and evening

Apply 1/2 pipette of Concentré de Rose.

STEP 4 Morning and evening

Massage in, then spray with 1 or 2 pump of <u>Potion Botanic.</u> dry without rubbing.

STEP 5 Morning and evening

Apply the Crème Velour.

### La Lotion Absolue



Lotion Absolue by Christophe Nicolas Biot Paris® is a 100% natural facial cleansing lotion, guaranteed preservative-free.

It tightens the skin's pores, rids the skin of irritating limescale, softens and prevents redness.

#### **ACTIVE INGREDIENTS**

Lavender and rose

#### **APPLICATION**

Use in conjunction with Absolu, after rinsing with water. Apply the lotion with a cotton pad or your hands all over the face.

#### CHRISTOPHE NICOLAS BIOT'S TIP

Store the bottle in the fridge and use the Lotion as a morning "first water" spray on the face. The skin is gently and freshly awakened.

#### **SKIN TYPE**

All skin types

#### **CAPACITY**

### L'Absolu



L'Absolu de Christophe Nicolas Biot Paris® is a multi-purpose cleansing milk for face, eyes and scalp.

100% natural origin and guaranteed preservative-free, it provides deep cleansing and cellular repair.

Ideal for itching, insect bites, after waxing or shaving, and as a mask.

#### **ACTIVE INGREDIENTS**

Hazelnut, lavender, petit grain, palma rosa and authentic beeswax harvested directly from a certified beekeeper.

#### **APPLICATION**

Apply L'Absolu cleansing milk daily, directly with the fingers, in the evening only, to the face and eyes, massaging in energetically in circular motions. Rinse off with spring water.

#### CHRISTOPHE NICOLAS BIOT'S TIP

Use as a soothing mask, applying a thick layer to the face. Leave on for 20 minutes, then rinse off with a few pumps of Lotion Absolue.

#### **SKIN TYPE**

All skin types

#### **CAPACITY**

### La Potion Botanic



Potion Botanic by Christophe Nicolas Biot Paris© is a soothing potion for facial skin.

100% natural origin and guaranteed preservative-free, it is recommended for very sensitive skin. It protects, regenerates and preserves skin elasticity.

#### **ACTIVE INGREDIENTS**

Cornflower, Lime and Platyphyllos.

#### **APPLICATION**

Spray Potion on face and neck morning and night.

#### CHRISTOPHE NICOLAS BIOT'S TIP

Use Botanic Facial Potion in synergy with Rose Concentrate for stunning results.

#### **SKIN TYPE**

All skin types, especially sensitive skin.

#### **CAPACITY**

### Le Concentré de Rose



Rose Concentrate from Christophe-Nicolas Biot Paris© is an ultra-rich youth and beauty concentrate with an anti-aging, smoothing and protective floral and mineral complex for the face.

100% natural origin and guaranteed preservative-free, it is an evening serum for the face.

#### **ACTIVE INGREDIENTS**

Buds and flowers of Damask Rose, Calendula, Cousoude, Poppy, Walnut, Elder, Rose Geranium.

#### **APPLICATION**

In the evening, warm a few drops of serum in the palm of your hands and gently apply to the face. Use in synergy with Botanic Potion.

#### CHRISTOPHE NICOLAS BIOT'S TIP

Place 1 drop on wrists and massage gently as you fall asleep.

#### **SKIN TYPE**

Normal to dry skin.

#### **CAPACITY**

30 ml

## La Repulpe



La Repulpe by Christophe Nicolas Biot Paris® is a multi-purpose oil for body, face and hair. 100% natural origin and guaranteed preservative-free, this oil plumps, moisturizes, activates melanin, compensates for skin deficiencies and is antioxidant.

#### **ACTIVE INGREDIENTS**

Macadamia, marjoram and mint.

#### **APPLICATION**

Can be used morning and night, all year round, or as a 15-day treatment before exposure to the sun. This cream both repairs and prepares the skin for sun exposure. It can also be used with Liquid Soap n°2, in the shower in equal proportions for very dry skin. For dry skin, use alone or mixed with Mandarin Body Balm.

#### CHRISTOPHE NICOLAS BIOT'S TIP

This product can also be used on hair. Apply 2 to 3 squirts to dry hair as an oil bath before shampooing, or use on dry hair after blow-drying, using 1 to 2 drops only.

#### **SKIN/HAIR TYPE**

All skin types. Dry hair

#### **CAPACITY**

### La Crème Velour



Crème Velour Christophe Nicolas Biot Paris® is a very rich, regulating and regenerating day cream. 100% natural and guaranteed preservative-free, this face cream acts on several levels. It protects the epidermis by acting on collagen and elastin. It balances sebum with soothing, decongesting anti-bacterial action. It combats cutaneous irritation, prevents oxidative mechanisms and guarantees firmness. It also improves venous return.

#### **ACTIVE INGREDIENTS**

Hazelnut, Palmarosa, Ylang-Ylang, Patchouli 100% of plant origin.

#### **APPLICATION**

Morning and evening, apply a small amount to thoroughly cleansed and toned skin. Massage lightly to penetrate.

#### CHRISTOPHE NICOLAS BIOT'S TIP

I recommend that you start by smelling your cream before applying it. You'll be overwhelmed by its scent, and you'll already feel a sense of well-being.

#### **SKIN TYPE**

All skin types

#### CAPACITY

### Le Baume n°9



Baume N°9 Christophe Nicolas Biot Paris© is a regenerating treatment for the face, a true epidermal vital force. It combines in a single product the synergy of 9 harmonizing and vibratory plants. 100% natural origin and guaranteed preservative-free, this protective balm ensures skin repair, elasticity and nutrition over time

#### **Active ingredients**

Propolis, Calendula, Roman Chamomile, St John's Wort, Black Elder, Walnut, Lilac, Brunelle, Hemp oil, purified beeswax, sunflower oil. Made from flower concentrate only, with no added water.

#### **APPLICATION**

Face Balm n°9 is for use as an evening ritual or 'morning and night', in case of very dry skin. Warm a small amount in your hands, then gently massage in a circular motion until completely absorbed.

#### CHRISTOPHE NICOLAS BIOT'S TIP

Baume Visage n°9 is exceptional for very dry skin.

In winter, or even in summer on sun-damaged skin, apply to the face, but also to parts of the body that need it. Can also be used on hair ends devitalized by chemical action.

#### **SKIN TYPE**

Very dry or dehydrated skin.

#### CAPACITY

30 ml

## Le Baume Corps Mandarine



The Baume Corps de mandarine Christophe-Nicolas Biot Paris© is a nourishing body lotion with a sweet, fruity fragrance.

100% natural and guaranteed preservative-free, it leaves skin velvety soft, firm and moisturized. Non-greasy product. It leaves no trace and is absorbed immediately upon application.

#### **IACTIVE INGREDIENTS**

With Macadamia and red mandarin essence.

#### **APPLICATION**

Morning and evening, apply and massage all over the body. Mandarin Body Balm can be combined with a squeeze of Repulpe for a more nourishing effect.

#### CHRISTOPHE NICOLAS BIOT'S TIP

Thanks to its composition, Mandarin Body Balm is an excellent sun preparation and repair product.

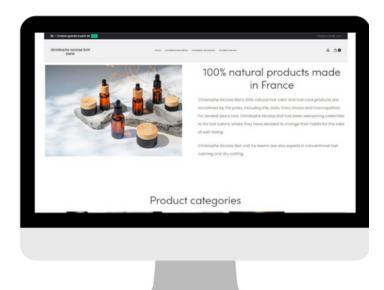
#### **SKIN TYPE**

All skin types

#### CAPACITY

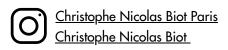
60 ml

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#### France

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Village Royal

25, rue Royale 75008 Paris

Galerie Vivienne

<u>51 galerie Vivienne</u>

75002 Paris

<u>Hôtel Palace Le Lutétia</u> 45 boulevard Raspail

75006 Paris

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68100 Mulhouse

Val-d'Isère

<u>Les Airelles Val-d'Isère</u> Routes des téléphériques

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Saint-Tropez

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2, route de Tahiti

83990 Saint-Tropez

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