christophe-nicolas biot paris

# Natural products for healthy hair

by BIOT

## christophe-nicolas biot paris by BIOT

#### A word of Christophe Nicolas Biot

#### **Products**

- The Fresh Shampoo
- The Protective and Repairing Shampoo
- The Shampoo Powder
- The Botanic Shampoo
- The Botanic Cream
- The Botanic Balm
- The Botanic Elixir
- The Dry Oil N°11
- The Tonic Treatment

### The garden of Christophe Nicolas Biot

#### Find products

## A word from Christophe Nicolas Biot

"At the beginning, there is this passion for hair. This living material, inseparable from our being and an indispensable asset to beauty. Since I started out, my professional career has always crossed paths with plants and nature, and the flirtation I have with the plant world has never wavered. Because there is no beautiful hair without a healthy scalp, I wanted to create an innovative line of hair products to meet all their needs. Designed around three essential principles – oxygenation, detoxification and nutrition – this 100% natural and organic line is available in several original products for a return to the essentials: a healthy scalp for healthy, breathing hair."

#### CHRISTOPHE-NICOLAS BIOT



#### A TRUE HAIR INNOVATION!

A specific element of the christophe-nicolas biot paris by BIOT range, ultra-high-molecular weight hyaluronic acid is a first in the field of hair care. Extremely film-forming, it has cationic charges that neutralize the negative charges of the keratin fibre. It is thus fixed in a privileged way on the hair in order to sheath it and moisturize it durably. Its lubricating effect greatly facilitates styling while adding shine to the hair. Hyaluronic acid can absorb up to 1,000 times its weight in water and provides optimal hydration of the hair while improving its suppleness.



#### THE FRESH SHAMPOO

The Botanic cream is a moisturizing conditioner with a creamy texture that brings suppleness and lightness to the hair. Particularly suitable for fine, limp hair or as a post-colouring treatment thanks to a formulation based on rice proteins, vetiver oil, bergamot oil and essential oils of camomile, cinnamon and cloves.

#### **DIRECTIONS FOR USE**

Apply to damp hair. Gently massage in, lather and rinse. Use once or twice a week.

#### CHRISTOPHE-NICOLAS BIOT'S TIP

Add 1 drop of Mon Protocole hair oil to the palm of your hand to transform it into a treatment shampoo.

#### **ACTIVE INGREDIENTS**

- Aloe vera with moisturizing, regenerating and fortifying properties.
- Desert date oil repairs and restores suppleness to dry, damaged hair.
- Ph astringent tightens hair scales.
- Mint essential oil stimulates the scalp and blood circulation, and gives a sensation
  of freshness.
- Eucalyptus essential oil purifies the scalp and combats the proliferation of dandruff.

#### **CAPACITY**



# THE PROTECTIVE AND REPARING SHAMPOO

The Protective and Repairing Shampoo is a 2-in-1 product that both cleanses the scalp and provides intensive moisturizing care for even the most fragile, damaged and dehydrated hair, while preserving the shine of color.

#### **DIRECTIONS FOR USE**

Soak hair thoroughly in lukewarm, but not hot, water. Pour one or two doses of shampoo into palm of hand. Apply to wet scalp and massage with fingertips, taking care to lift hair to ensure full distribution of product on scalp. If necessary, dampen the head again to increase emulsion. Leave on for 2-5 minutes to penetrate hair fiber.

#### CHRISTOPHE-NICOLAS BIOT'S TIP

Blow-dry hair naturally to smooth scales and add shine, while avoiding a mousse effect.

#### **ACTIVE INGREDIENTS**

- Amino acids, trace elements and minerals promote optimal hair hydration.
- Corrosol leaf extract smoothes and repairs hair structure.
- The synergy of a blend of natural polysaccharides protects against oxidative stress.
- Active ingredients of 100% natural origin, free from sulfated surfactants, prevent color bleeding.

#### **CAPACITY**



#### THE POWDER SHAMPOO

Naturally preserved in dry, preservative-free form, The Shampoo Powder transforms on contact with water into a fine foam of incomparable softness. Its high-tech formula, based on patented gelling clay, is four times more concentrated than a traditional professional liquid shampoo. Respectful of all hair types and with a minimum of cleansing agents, it gently cleanses hair and oxygenates the scalp.

#### **DIRECTIONS FOR USE**

- Apply the equivalent of one teaspoon to damp hair.
- Apply to dry hair, parting by parting, mixing and adding water. In this way, the powder is better distributed on the scalp and at the roots.
- Repeat if necessary.

#### CHRISTOPHE-NICOLAS BIOT'S TIP

Washing hair thoroughly means massaging it without rubbing.

Light, circular movements of the fingertips on the scalp stimulate blood flow, helping to revitalize the hair roots. Vigorous rubbing will irritate the scalp and excite the sebaceous glands, which will produce excessive sebum.

#### **ACTIVE INGREDIENTS**

- Coconut oil surfactant for a non-abrasive cleansing effect,
- Precious desert date oil deeply nourishes hair, enveloping it in a fine protective sheath,
- Amazonian cherry pulp has an antioxidant action.

#### **CAPACITY**

50 g = 500 ml, equivalent to 40 to 50 shampoos

I discovered the product on the website



#### THE BOTANIC SHAMPOO

The Botanic Shampoo, which has been diverted from professional use, is used by our colorists to maintain and fix plant-based colorations, ensuring their longevity. At Maisons de coiffure Christophe-Nicolas Biot, it is an essential part of post-coloration care. Rice protein and surfactants derived from soap nuts and coconut gently cleanse the hair. It enhances both conventional and traditional coloring. It's rebirth through light!

#### **DIRECTIONS FOR USE**

On damp hair: gently massage into a lather, then rinse. Apply once or twice a week.

#### **CHRISTOPHE-NICOLAS BIOT'S TIP**

This is the ideal and essential shampoo to use the week after Botanic Color to help set pigments and intensify their hold. Then alternate with Shampoo Powder or Fresh Shampoo.

#### **ACTIFS**

Washing base made from organic soap nuts and fragrance-free rice protein. Guaranteed free from silicone, SLS animal extracts, colorants, synthetic fragrances, parabens and formaldehyde.

#### **CAPACITY**



#### THE BOTANIC CREAM

The Botanic Cream is a moisturizing conditioner with a creamy texture that brings suppleness and lightness to hair. Particularly suitable for fine, limp hair or as a post-color treatment thanks to a formulation based on rice proteins, vetiver oil, bergamot oil and essential oils of chamomile, cinnamon and cloves.

#### **DIRECTIONS FOR USE**

Apply after shampooing, kneading hair for a few seconds. Detangle, then rinse.

#### CHRISTOPHE-NICOLAS BIOT'S TIP

For those who want easy styling after shampooing, shine and suppleness: apply Botanic Crème to lengths and ends 10 minutes before shampooing.

#### **ACTIVE INGREDIENTS**

- Rice proteins make hair supple and voluminous.
- Vetiver oil is a tonic and circulatory stimulant. It is also antioxidant, antiinflammatory and healing.
- Bergamot oil purifies the scalp and combats dandruff. Its stimulating and antibacterial properties help prevent the appearance of dandruff and soothe any itching.
- Essential oils of chamomile, cinnamon and cloves fortify hair.

#### **CAPACITY**



#### THE BOTANIC BALM

The Botanic Balm is a conditioner made with 99% natural ingredients, including at least 10% organically grown, silicone-free, preservative-free and parabenfree. It detangles, nourishes and softens hair.

It is particularly recommended for hair in need of shine and lightness.

#### **DIRECTIONS FOR USE**

After shampooing, take 1 to 2 pumps in the palm of your hand. Warm by rubbing hands together, then apply generously to lengths and ends. Leave on for 1 to 5 minutes.

#### CHRISTOPHE-NICOLAS BIOT'S TIP

Use in synergy with Botanic Shampoo for optimal results.

#### **ACTIVE INGREDIENTS**

- Roman chamomile adds shine and softness to hair.
- Mallow is a natural treasure with numerous softening, calming and soothing properties.
- · Lemon balm has soothing, purifying, calming and astringent properties.
- Witch hazel helps regulate scalp sebum production, which can reduce dandruff and excess sebum.

#### **CAPACITY**



#### THE BOTANIC ELIXIR

The Botanic Elixir is specifically formulated to fix hair color. Composed of cider vinegar, it tightens the hair cuticle, enhancing natural shine while strengthening the hold of vegetable color. Used in salons by our colorists, it also has sheathing properties, making it ideal for fine and curly hair.

#### **DIRECTIONS FOR USE**

- 2 to 5 sprays, depending on hair length. Spray all over hair, massage gently, detangle and rinse.
- A few sprays on the ends like a styling water to give your hair movement.
- Spray 2 times on scalp for a sheathing effect.

#### CHRISTOPHE-NICOLAS BIOT'S TIP

2 to 3 sprays 20 cm from hair without rinsing. Excellent hold and volume before blow-drying.

#### **ACTIVE INGREDIENTS**

- Castor oil improves hair texture thanks to its ability to soften and moisturize hair.
- Cider vinegar helps balance the pH of the scalp, eliminates hair product residues, reduces dandruff and leaves hair softer and shinier. It is also appreciated for its purifying and revitalizing action on hair.
- Anthemis Nobilis flower water soothes irritated scalps and reduces itching.
- Atlas Cedar essential oil tones the scalp.

#### **CAPACITY**



#### THE DRY OIL N°11

The Dry Oil N°11 is a natural, multi-functional treatment that can be used on hair, face and body. Ideal for repairing dry, brittle hair, it also moisturizes the skin, improving its elasticity, leaving it satinsmooth and sublimated. Its dry formula is rapidly absorbed, leaving no greasy film.

#### **DIRECTIONS FOR USE**

The Dry Oil N°11 is particularly recommended for repairing hair and skin during extreme cold or hot weather, all year round.

It can be applied to wet or dry hair, or to the face and body, up to three times a day, depending on the skin's state of dehydration.

#### CHRISTOPHE-NICOLAS BIOT'S TIP

The Dry Oil N°11 can be added to warm bath water to deeply moisturize even the driest skin.

#### **ACTIVE INGREDIENTS**

- Protium resin extract, with anti-oxidant properties, maintains, repairs and strengthens hair on a daily basis.
- Shea butter maintains, repairs and nourishes both skin and hair.
- Desert date oil with antioxidant and regenerating properties.
- Sunflower oil provides deep nourishment.
- Vitamin E is an essential moisturizing factor for the protection of facial skin. Antioxidant, it eliminates free radicals, prevents the appearance of wrinkles and contributes to cell regeneration.

#### CAPACITY



#### THE TONIC TREATMENT

A real tonic, The Tonic Treatment guarantees powerful scalp and hair care before the usual treatments. It is an excellent long-lasting sanitizer for the hair fiber.

Perfectly hygienic in just a few seconds, its alcohol content and blend of essential oils specifically chosen for this purpose give your hair a fresh look at any time of day.

#### **ACTIONS**

- Regenerating action.
- Stimulates hair growth.
- Sanitizing effect: captures and eliminates unpleasant odors.
- Purifying and soothing action. Eliminates contagious germs, soothes irritation and neutralizes itching.
- Can be used on its own, or as a complement to appropriate care products and shampoos.
- Formula restores shine to hair.

#### **DIRECTIONS TO USE**

- Before shampooing, spray from a distance of 20 cm, making large separations.
   Comb through scalp and hair.
- Massage in and leave on for 15-20 minutes.
- Rinse and proceed with the next steps in your complementary or regular hair care routine.

#### CHRISTOPHE-NICOLAS BIOT'S TIP

Irritated and stressed scalp protocol: 1 to 2 times a week before shampooing, 1 time a week between 2 shampoos for 3 months.

Hair growth protocol: 2 to 3 times a week for 6 months, then once a month.

#### **CAPACITY**

100 ml

I discovered the product on the website

## **NOTES**

## In the garden of Christophe Nicolas Biot





The pulp of this large cactus concentrates most of the A, E and B vitamins, as well as essential minerals. This specific composition gives it interesting properties for skin and hair: healing, cell regeneration, skin hydration, anti-inflammatory, antibiotic.

#### **ACEROLA**

Acerola grows wild in the tropical regions of South America, the Canary Islands, Hawaii, Australia and the West Indies, as well as in the Amazon rainforests of Brazil and Venezuela. It contains antioxidant vitamin C, 30 times higher than that found in oranges. It is also rich in vitamins B1, B6 and A, remineralizing minerals and polyphenols.



#### **SUNFLOWER**

Native to Mexico, sunflower is a plant from which a perfect oil for skin and hair is extracted. Rich in moisturizing and antioxidant vitamin E, as well as omega 6, this oil softens, smoothes and intensely nourishes even the driest skin. It also fortifies damaged hair.

#### **AMAZONIAN INCENSE**

A resin extracted from the breu branco tree found in northeastern Brazil, Amazonian frankincense is harvested from the very heart of the tree. Its film-forming and moisturizing properties surround the hair with a sheathing film to repair, moisturize and add shine. Applied to the scalp, it also has anti-inflammatory properties.





#### **WILD AFRICAN GRAPES**

African wild grape extract is derived from the seed of the sub-Sahelian plant of the same name, found in the savannahs of Burkina Faso. Its action on the skin's microcirculation evacuates toxins, soothes the epidermis, tones it and improves circulation. A powerful antioxidant, it fights free radicals and helps maintain scalp and root bulb cells in a better metabolic state, while slowing the aging process.

#### **BOROJO EXTRACT**

A miracle plant, both edible and cosmetic, borojo is grown in South America, particularly in Colombia and Panama. An active ingredient, Reverteam, is extracted from its pulp, which is high in plant sugars and phosphorus and calcium. Reverteam is particularly effective in combating the free radicals responsible for skin ageing that damage the skin's barrier function.



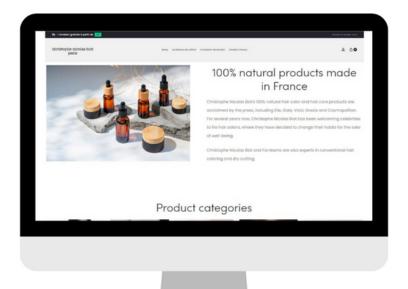
It also preserves cellular activity and stimulates hyaluronic acid synthesis to effectively combat the effects of the passage of time. It helps to regenerate the basal papillae of root bulbs, thus boosting hair growth.

#### **DESERT DATE OIL**

Desert date palm oil is rich in essential unsaturated fatty acids (oleic acid and linoleic acid) and saponins, giving it fungicidal and anti-inflammatory properties. Protective and moisturizing, desert date oil softens and repairs dry, rough and flaky skin. On the hair side, it effectively preserves and nourishes the hair fiber and maintains the balance of the scalp.

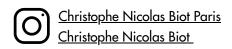


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